



The Vasquez Post

Veritas, Aequitas, Spiritus

Fall Festival

On the 26th of October, our school district will host The Fall Festival here at Vasquez High. We will have lots of games, food, drinks, and more! We will have a costume contest along with science activities, and raffle baskets. Additionally, we will have many booths that are run by sports teams, electives, and vendors from the community.

Come check out the booths for some awesome games and prizes to win. VAPA is setting up a haunted house for all who are looking for a good scare. We are getting word that girl's volleyball will be doing face painting, so we can look forward to that. Here are some of the other things to do during Fall Festival:

- Journalism will be selling delicious beverages.
- Cross Country will have reptiles to check out in the library.
- The Boys Basketball team a food booth and a game booth.
- The Girls Soccer team will have a game booth.
- The Swim team will have a game booth as well.

Continued on the back page

Events

Make Your Own Earbud Case
Oct. 16, Wednesday: 5-6PM
Acton Agua Dulce Library | 33792 Crown Valley Rd, Acton

Trunk or Treat
Oct. 19, Saturday: 3:30-5:30 PM
First Presbyterian Church Of Newhall | 24317 Newhall Ave, Santa Clarita

Emoji Suncatcher
Oct. 23, Wednesday: 4-5 PM
Acton Agua Dulce Library | 33792 Crown Valley Rd, Acton

VHS Fall Festival
Oct. 26, Saturday: 11AM - 2PM
Vasquez High School | 33630 Red Rover Mine Rd. Acton

October Carnival
Oct. 26, Saturday: 5-8PM
Park View Educational Complex | 44326 Fig Ave, Lancaster

Information provided by Sofia Hernandez



Breast Cancer Awareness Month

First of all.... CANCER SUCKS! No one cares for cancer... no one wishes they had it. In fact, most citizens of the United States do quite a lot to avoid getting cancer.

No matter who you are or where you are from, it is likely you or someone you know has been affected by breast cancer or some other type of cancer. Breast cancer is the most common cancer in women. The pink ribbon was chosen for breast cancer awareness month because pink is a color that is associated with femininity, health, and caring for others. This is also why you may see many people wearing pink in October. Many people like to show their support and wear pink in many different ways. Sports teams will usually have different names for it but, it is usually called a "Pink Out". On this specific game, the players will wear pink gear and the fans will also wear pink to show their support for breast cancer awareness month. There are many ways to show your support for breast cancer awareness month like donating even a few dollars to a charity really helps out the victims of breast cancer.

Through the use of much research, many more people are knowledgeable about breast cancer which has led to new therapies and targeted treatments that drastically improve outcomes for many people. We encourage everyone to dedicate this October as a time of action and awareness for both yourself and others around you.

Article by Adam Hernandez and Ulises Miron

Meet Your Staff, Mrs. Shilo!

What do you do as a school secretary here?

My goal is to make the staff's lives easier by managing school supplies, running reports, and managing the calendar, daily events, and graduation. I also manage SAT and AP exam money, run the health office, and work on the library and textbook inventory.

Are you willing to share some opinions on new school policies?

I think anything that encourages our students to focus more on academics during class time is positive. I support that as unfortunately, cell phones are a main distraction and cause students to not perform as well as they could. Regarding the bathrooms being restricted, vandalization has unfortunately forced our administrators to restrict access for students and equipment safety.

What should more people know about the work the office employees/ teachers do behind the scenes?

Our teachers dedicate so much of their day to the students. That's time that often they aren't getting paid for, or could be spent with family. I've witnessed our staff committing their day to make sure students have academic success and are set up for their future.

What are your thoughts on the upcoming school events?

I'm so excited! Any type of event on our campus is a fun opportunity for families to witness how incredible our school is, a great way to connect with the community, and a good chance for sports and clubs to raise money.

What are some of your favorite memories from your time at this school?

I love when students come in and keep me up to date on how they did on a test or a game. That connection to me is so fun, and I love watching students take pride in their success.

How did you end up in this city?

My husband and I moved out here in 2003 for the land and rural community. By 2005 I had both my kids and I was a stay at home mom. Around 2017, I started subbing for the district and in 2021 I became the school secretary.

Do you think there's anything students could improve on behavior wise?

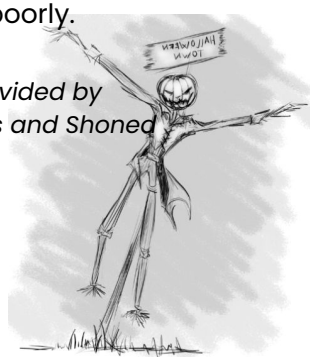
I think there is opportunity for growth in everyone and students should understand that the staff are the reason we have such an incredible school. Patience with new policies, respect for staff, and on time behavior must be goals for all students.

Continued on the back page

Crazy Fun Facts

- No number before 1000 contains the letter A
- The pope can't be an organ donor
- Hot water turns to ice quicker than cold water
- There are more bacterial cells in your body than human cells.
- LEGO bricks withstand compression better than concrete.
- You remember more dreams when you sleep poorly.

Information provided by Domenic Olmos and Shoned Carr



Sports

October 14

Flag Football, Girls VR vs Valencia
Tennis, Girls JV at Quartz hill
Volleyball, Girls JV and VR at Trinity Classical Academy

October 15

Volleyball, Girls VR and JV vs Faith Baptist
Flag Football, Girls VR at Hart High

October 16

Flag Football, Girls VR at Van Nuys
Flag Football, Girls VR at Chatsworth

October 17

Cross Country, Boys Vr at Desert Christian/Lancaster
Cross Country, Girls VR at Trinity Classical Academy

October 18

Football (11 person) VR at Desert Christian Academy

October 25

Cross Country, Girls VR at Mt. Sac
Cross Country, Boys VR at Mt. Sac Invitational
Football (11 person) VR at Nuview Bridge

Information provided by Khloe Roque

The Vasquez Post

veritas, aequitas, spiritus

Fall Festival continued from the front page

-The Football team will have their annual BBQ grill going.
-The Cheerleaders will have tacos for sale.
-The Freshmen class officers will have games of their own.
-Flag Football will have a football game booth.
-and The Baseball team will also be selling refreshments.

Make sure to come out and support all our teams and clubs so, come out and join us for all the food, drinks, games, prizes, and spooky fun here at Vasquez High School's Fall Festival on Saturday, October 26th from 11 am to 2 pm. Make sure to wear your spookiest, silliest, or wildest costume because there WILL be a contest. May the best dressed win.

Article by Elijah Hernandez and Lina Rodriguez



Inspirational Quotes

"The most important thing in life is to stop saying 'I wish' and start saying 'I will'. Consider nothing impossible then treat possibilities as probabilities."
-Charles Dickens

"Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring."
-Marilyn Monroe

"The best way to get started is to quit talking and begin doing."
-Walt Disney

Quotes provided by Abby Garcia



All art by Sofia Hernandez

Get To Know Your Staff continued from the front page

Do you know of any plans our school has for the future?

I know the sports programs are always trying to grow and are constantly moving forward, and Acellus has opened new doors for virtual opportunities. We are also looking for a new librarian, having a library that is accessible to all mustangs is a goal of ours.

Now that we're nearing the second half of this semester, do you have any advice for students going forward?

Keep pushing forward! Colleges are looking for a competitive transcript from students. Don't quit, remember why you're here, and listen to your academic counselors.

How long are you planning on staying with Vasquez?

I love Vasquez and would like to remain here forever.

When did you decide to pursue this type of work and why?

I was an executive assistant for over a decade and then I decided to be a stay at home mom. Once my kids were all grown up, I wanted to put my college degree to good use and I fell in love with the job here.

How can students balance a social life and education?

Everything needs balance, but to me, procrastination is the root of all evil. Make sure you do your homework first. Once you check that off, you'll have time for all those fun activities.

What did you think about this year's homecoming?

I didn't go, but from what I heard it was the best in years. Good job Mrs. Walker and ASB students.

What should students appreciate about this school compared to other schools?

Every student matters here. You don't get that kind of connection with 1,000+ student schools. We have the ability to build relationships that help every single student in the future.

Interview conducted by Jenna DeMatteis

T	L	M	X	A	H	F	O	A	R	V	N	V	N
L	K	B	Q	U	V	L	C	L	G	I	Y	J	C
E	I	S	O	T	P	U	M	W	C	N	C	V	E
A	Y	E	P	U	D	I	I	S	F	T	E	I	L
V	O	A	I	M	K	M	E	P	E	X	K	E	E
E	B	S	W	N	L	T	V	O	S	E	F	D	B
S	F	O	P	H	A	J	S	O	T	I	L	E	R
W	S	N	U	O	F	C	O	K	I	E	X	J	A
S	C	U	M	L	A	F	L	Y	V	E	C	R	T
B	T	J	P	L	L	O	W	J	A	V	P	U	E
A	E	N	K	I	L	X	H	Q	L	G	B	F	G
Y	I	K	I	D	I	H	L	T	J	F	A	N	Y
P	Y	X	N	A	M	B	O	G	O	R	C	M	O
R	P	F	B	Y	M	V	S	Y	K	K	K	K	E

Fall Leaves Festival Pumpkin Season
Autumn Spooky Pie Holliday Celebrate

Students of the Month

Zachary Milton - Ghafourian
Ayleen Rocha - Greenwood
Hailey Honkicky - Krolik
Luke Real - Lepp
Addison Walker - Lundquist
Aidan Alvarado - Clayborn/Maddux
Alexandria Van Blarcom - Mangel
Degan Morell - McKelvey
Kaylin Quintana - McWilson
Raymond Ouma - Moghaddas
Kaylee Witmeyer - Owens
Armando Padilla - Park
Ryan Alaniz - Pasio
Ryan Ames - Salsedo
Jareth Pineda - Santa
Royce Mayes - Sparks
Leonardo Rivas - StilWell
Peyton Brooks - Tabit
Autumn Klaus - Torrez
Julia Bacon - Waggoner
Jose Martinez - Walker

Information provided by Shoned Carr

Weather

This past week has been a real pickle as the temperature has been changing, ranging up to the high 90's to the low 80's.
The weather for the next two weeks will be in the high 70's to 80's. This means to dress accordingly to warm weather. The mornings will be in the low 60's, so if you want to wear a sweater, you can. The afternoons tend to get hot so make sure you drink plenty of water! It is good to stay hydrated so that our Mustangs do not get headaches. Getting headaches can give you trouble and can be very annoying. Mustangs keep track of how much water you drink for the next day or two. Fall is when it dries out (fire season!). We hope that everyone stays hydrated to keep everyone satisfied with their day.

Information provided by Gerardo Pelayo and Cailin Perdomo