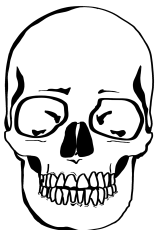




THE VASQUEZ POST



HALLOWEEN EDITION

The History of Halloween

The history of Halloween dates back to around 2,000 years ago, most scholars say. It originated from the ancient Celtic festival called Samhain, where people would light bonfires and wear costumes to ward off roaming spirits. The Celts, tribes that originated from central Europe which is now Ireland, the United Kingdom, and northern France, marked the end of the harvest season and the beginning of winter with this festival. Over time, it evolved into a holiday associated with costumes, trick-or-treating, and celebrating the harvest season.

During Samhain, which took place on October 31st, the Celts believed that the boundary between the living and the dead was blurred. They thought that on that night, the spirits of the dead would return to Earth and cause mischief. They lit bonfires and wore costumes made of animal skin to ward the roaming spirits off.

When the Roman Empire conquered the Celtic lands, they added their own traditions to Samhain. One of these was Feralia, a day in late October when the Romans commemorated the passing of the dead. Another was a festival honoring Pomona, the goddess of fruit and trees.

Over time, these various traditions blended together, and as Christianity spread throughout the Celtic lands, the festival of Samhain began to incorporate Christian elements. In the 8th century, Pope Gregory III declared November 1st as All Saints’ Day, a day to honor all saints and martyrs. The evening before became known as All Hallows’ Eve, which eventually transformed into Halloween.

As Irish and Scottish immigrants brought their customs to North America, Halloween became popular in the United States. The holiday continued to evolve, with the addition of traditions such as trick-or-treating, carving pumpkins into jack-o'-lanterns, and costume parties.

So, that's a brief overview of the history of Halloween! It's fascinating to see how this ancient Celtic festival has transformed into the fun and spooky holiday we know and love today

Article By Hailey McCarty



Spooktacular Halloween Recipes

Serve these great ideas up for Halloween treats!

- 1. Spooky Spider Deviled Eggs** - Cut boiled eggs in half and scoop out the yolks. Mix with mayo, mustard, and a dash of paprika. Fill the egg whites back up and use olives and pretzel sticks to make spider legs on top.
- 2. Mummy Dogs** - Take hot dogs and wrap them with strips of pre-made crescent dough. Bake in the oven until golden brown. Use mustard or ketchup to make eyes and a mouth.
- 3. Candy Corn Rice Krispie Treats** - Melt butter in a pot and add mini marshmallows. Stir until melted and then mix in orange and yellow food coloring. Add in Rice Krispie cereal and press into a greased pan. Cut into triangles and top with white chocolate chips to resemble the candy corn.
- 4. Jack-O-Lantern Stuffed Peppers** - Cut off the tops of orange bell peppers, remove the seeds, and carve a Jack-O-Lantern face into them. Stuff the insides with cooked quinoa, black beans, corn, and shredded cheese. Bake in the oven until the peppers are tender.
- 5. Bloody Eyeball Cookies** - Make sugar cookies and use a round cookie cutter to shape them. Place a gummy eyeball candy in the center and drizzle red icing around the edges to resemble blood.
- 6. Witch's Brew Punch** - Mix orange juice, pineapple juice, lime juice, and lemon-lime soda in a punch bowl. Float gummy worms and plastic Halloween spider rings on top.
- 7. Graveyard Taco Dip** - Spread refried beans on a platter and top with shredded lettuce, diced tomatoes, and shredded cheese. Use black beans to make gravestones and olives to make a spooky fence. Serve with tortilla chips.

I hope you Enjoy these spook-tacular recipes!
Recipes by Angelina Newell

Two Sentence Horror Stories!!!

Late at night, I heard a soft voice coming from the closet, whispering my name. When I opened it, I found nothing but darkness staring back at me. *Hailey McCarty*

An old woman in her late 60’s is digging in her backyard for a pond for her koi because it’s a new house. She digs 5 feet down and hits something hard and metal which she assumes its a pipe so she calls the water company and she finds out it was the remains of her daughter that was murdered 10 years back. *Estevan Preciado*

I walked into the house when I was confronted by the voice of a young woman saying “Dinner time, come eat!”. I ran straight out of my house knowing I’d lived alone. *Domenic Olmos*

He sat on a throne feeling lonely, being the only human left on Earth. Suddenly a cold grasp on his neck and a simple little whisper entered his ear, “hi”. *Valentino Orlandoni*

A girl took a mirror photo from her phone. But as she looked more into the photo, she was horrified to find a tall dark figure reflecting onto the mirror, staring at her. *Shoned Carr*

The beep every second was bothering him , he was in heaven when it stopped . The nurses yelled for the defibrillator. *Jasper Bullard*

I was coming home from school, I went into my room on the first floor then I heard a knock on my room door “Son, I’m home”. I jumped through the window and called the police because my parents were on a business trip for a week. *Estevan Preciado*

I was working my night shift at the children’s hospital, when suddenly I heard a young girl crying for help. I ran down the hall and outside to my car, realizing that the building was closed for years. *Domenic Olmos*

As she greets her date from a new dating app she gets an odd text. “Hey I won't be able to make it, I'm not feeling well.” *Valentino Orlandoni*

I was so hungry, I could barely constrain myself as my mouth salivated while waiting in line for a ride at Disneyland. As I looked around at all the friendly faces I thought, it is good to be a vampire. *Mr. Mangel*

Top Six Horror Songs

- Thriller – Michael Jackson**
One of the quintessential horror songs of all time. This video change MTV forever.
- Bela Lugosi’s Dead – Bauhaus**
Long considered the first goth song ever written, the monotone vocals by Peter Murphy set the tone for most goth music to come. The unique distorted instruments were done by the band in one take with no editing.
- Day of The Lords – Joy Division**
With violent guitar chords and nihilistic lyrics, Day of The Lords is certainly one of Joy Division's darkest songs. Ian Curtis's vocals and Peter Hook’s bass work make the song unforgettable and disturbing.
- Fear of Ghosts – The Cure**
An ethereal dark song that can be interpreted to be about the feeling of giving up or being deep in depression or grieving. One of The Cure’s more underrated and beautiful songs.
- The Great Below – Nine Inch Nails**
A ghostly and slow song, with lyrics reminiscent of Edgar Allen Poe’s Annabel Lee. A dark and powerful song.
- Climbing Up The Walls – Radiohead**
An otherworldly and unforgettable song that the lead singer, Thom Yorke, describes as being inspired by his experiences while working at a mental institution.

List by Charlotte Hernandez and Mr. Mangel



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HALLOWEEN EDITION

Spooky Horrorscopes

As Halloween approaches many of you might wonder what will greet you, so her is a horoscope from me to you:

Aries (March 21-April 19): This Halloween, Aries should embrace their fiery spirit and go all out with their costume. Whether it's as a fierce warrior or a devilishly cute devil, let your warrior nature shine through. Just be careful about getting into any real-life battles on the big night.

Taurus (April 20-May 20): Halloween can be overwhelming for Taurus, so it's best to keep calm and stick to more low-key celebrations. Instead of hitting up all the wild parties, find a cozy spot to curl up with a good horror movie or share ghost stories with a close friend.

Gemini (May 21-June 20): This year, Geminis should not be afraid to get a little wicked with your costume or try something new, even if it's outside of your comfort zone.

Cancer (June 21-July 22): The moon is Cancer's ruling planet, making Halloween the perfect time to tap into your intuitive and mystical nature. Use this time to connect with your spiritual side, whether it's through meditation or exploring the paranormal.

Leo (July 23-August 22): Leos love to be the center of attention, and Halloween is no exception. This year, use your big personality to light up any party you attend, whether that means leading a group costume, hosting a gathering, or just letting your inner star shine.

Virgo (August 23-September 22): Halloween can be chaotic for Virgo, but it's also the perfect time to embrace the fun and carefree of the holiday. Allow yourself to let loose a little, whether that means trying on a costume that's completely different from your usual style, or going to a party or two.

Libra (September 23-October 22): As the sign of balance, Libras should use this Halloween to find harmony between their good and bad sides. Find a costume that blends both light and dark elements, or use the holiday as an opportunity to reconnect with anyone you've had a disagreement with.

Scorpio (October 23-November 21): Scorpions are naturally drawn to the spooky, so Halloween is an ideal time for this sign. Use this time to indulge in your darker interests, whether that means exploring haunted places, or wearing a costume that reflects your scary side.

Sagittarius (November 22-December 21): As the adventurer of the zodiac, Sagittarians should use Halloween as a chance to explore new places and try new things. Whether you attend a haunted house, go on a ghost tour, let your curiosity lead the way.

Halloween

I	S	P	C	I	C	R	E	E	P	Y	E	I	N
R	H	R	O	O	P	A	M	E	T	N	E	U	S
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I	O	C	S	S	H	N	U	P	N	H	O	H	G
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H	G	N	A	I	L	G	E	C	H	D	N	S	H
B	A	B	H	N	L	N	N	S	Y	H	E	D	N
M	O	R	L	S	Y	L	D	E	I	G	H	S	A

NIGHT
CANDY
GOBLINS
CREEPY
HAUNT
COSTUMES
TREAT
SAMHAIN
MONSTERS
TRICK
GHOSTS
FALL
PUMPKINS
LEGEND
NEIGHBORS



Capricorn (December 22-January 19): Capricorns are known for their ambition and discipline, but they should use Halloween as a time to step outside of their comfort zone and let loose a little. Whether you opt for a costume that's completely different from your usual style or go on a wild night out, enjoy the chance to leave your worries behind.

Aquarius (January 20-February 18): As the eccentric of the zodiac, Aquarians should use Halloween as a chance to let their freak flag fly. Find a costume that showcases your unique spirit, or attend a party where you can meet other free-spirited individuals.

Pisces (February 19-March 20): This Halloween gives sensitive Pisces a chance to explore their imaginative side. Whether it's by dressing up as a favorite fictional character or going out to party, use this time to let your creativity run wild.

Horrorscope by Angelina Newell



All Artwork Done by Elli Flores

Top 5 Horror Movies for Students:

A Nightmare on Elm Street (1987) Nightmares but this time they're a little more realistic.

The Conjuring (2013) The conjuring follows a family moving into a new home for a clean start and the spirits in that house are not to be messed with.

The Shining (1980) Danny has to move for his fathers work and they getty landed in a Hotel in colorado where it drives him crazy and Danny has to find a way to survive in this haunted hotel.

A Quiet Place (2018) One little noise could end your life in this post apocalyptic world and a family has to go through the hardships of living in this world

Sinister (2012) Moving into his new house for the book he's writing he comes across a new story that may cost him his life.

List by Valentino Orlandoni

Top 5 Horror Movies for Adults

The Exorcist (1973) The scariest movie ever made. Period. Watch out for Pazuzu!

The Shining (1980) One of Kubrick's masterpieces. Not like the book at all (which is terrifying itself), but absolutely horrific. Crazy fact, only one person is murdered in this movie....

The Omen (1976) The cinematic shots of epic endings for some of the characters is amazing. It's all for you, Danny!!!

Psycho (1960) This was the scariest movie of all time for a lot of people until 1973. Norman Bates was a serious momma's boy. The shower scene is very hard to watch for some.

Halloween (1978) This movie started a new generation of horror movies in a lot of ways. This was one of the first "slasher" flicks made that was not a B-movie. It led to a new great genre of horror... The intelligent slasher flick.

List by Mr. Mangel