



# HIGH DESERT SCHOOL

3620 Antelope Woods Road Acton, CA 93510 T: 661-269-0310

## Learning Lab

Learning Lab is open during 5/6 and 7/8 lunch in the Library. Learning Lab is an opportunity for students to get additional help with classroom assignments, including homework with a teacher and instructional aide. Learning Lab is **optional** for all students. If you child is needing a bit more help, encourage them to attend Learning Lab.

## Athletics: Soccer

Friday 12/14 will be an information meeting for boys and girls interested in soccer. Meet our coaches and expectations. Soccer try-outs begin 12/17. All new student-athletes must have a completed HDS athletic packet which includes a physical. Athletic packets and sign-ups are available in the front office.

## Homework Calendar

Our 7<sup>th</sup> and 8<sup>th</sup> grade teachers are posting homework on our HDS website. On our school tab, select *Academics*, then select *Homework*. You will be sent to our Homework page for 7<sup>th</sup> and 8<sup>th</sup> grade. We still encourage all students to use their planners; this is another way we're streamlining to help our students and families.

## ASMO Winter Concert

On Friday our 5<sup>th</sup> and 6<sup>th</sup> grade students will be performing a Winter Concert. Tickets are \$3, cash or check only. Snacks will be available for purchase as well. Concert begins at 6:30pm with students to arrive no later than 6:10pm. See you there!

## Upcoming Events

12/18 HDS Winter Play

12/24 Harmonic Bronze Christmas Eve Handbell performance at the Dorothy Chandler Pavillio

## Upcoming Events

### December 10

Monday Group Handbells  
2:20pm-3:20pm, Room 319

5<sup>th</sup>, 6<sup>th</sup> ASMO Holiday Concert  
6:30pm-7:30pm, MPR

### December 11

Tuesday Group Handbells  
2:20pm-3:20pm, Room 319

5<sup>th</sup> Science Olympiad  
2:15pm-4:00pm, Room 317

### December 13

Thursday Group Handbells  
3:00pm-4:00pm, Room 319

Dancing Feet Team Practice  
2:05pm-4:05pm, MPR

### December 14

DLAC Meeting  
10:00am-12:00pm, District Office

Soccer Info Meeting  
2:15pm – 2:45pm, Library

6, 7, 8 Science Olympiad  
2:15pm-3:15pm, Room 302

Friday Group Handbells  
3:00pm-4:30pm, Room 319

# GROWTH MINDSET

# G R O W T H

**M** I can **LEARN**  
from my  
**MISTAKES**

**I** I can **IMPROVE**  
by **WORKING HARD**

**N** I will **NEVER**  
**GIVE UP**

**D** I am **DETERMINED**  
to **DO MY BEST**

**S** **SELF-REFLECTION**  
will help me  
**SUCCEED**

**E** I can overcome  
challenges with  
**EFFORT**

**T** I can **TRAIN**  
**MY BRAIN**

## The Do's and Don'ts of ENCOURAGING A GROWTH MINDSET

By promoting a growth mindset, you can provide your child a sturdy foundation for future learning.

### DON'TS



- Model a fixed mindset in your own life.
- React to problems negatively.
- Allow your child to make excuses for poor work.
- Give non-specific praise (e.g. "You did a good job on that").
- Allow your child to avoid challenges because of a fear of failure.
- Compare your child to other children.
- Praise effort if your child is not learning.
- View intelligence and talents as most important.
- Criticize your child for making mistakes.

### DO'S

- Model a growth mindset in your actions at home.
- Encourage effort and perseverance over fixed traits, such as intelligence and raw talent.
- Help your child to actively solve problems instead of reacting to problems.
- Give feedback without criticism and judgment.
- Choose specific actions to praise.
- Help your child develop goals in his everyday life.
- Provide opportunities for your child to be challenged.
- Emphasize your child's ability to grow in all things.





**FREE**

**59<sup>TH</sup> ANNUAL L.A. COUNTY**

# **HOLIDAY**

**CELEBRATION**

**DECEMBER 24 3:00 P.M. - 6:00 P.M.**

**[HolidayCelebration.org](http://HolidayCelebration.org)**