




Vasquez High School

September 2019

Breakfast

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
2	3	4	5	6
	<i>Cinnamon Crumb Cake</i>	<i>Cheese & Egg Breakfast Burrito</i>	<i>PB & J Graham Crackers</i>	<i>Bagel Bar</i>
9	10	11	12	13
<i>Sausage Biscuit</i>	<i>Fruit Smoothie</i>	<i>Cheese Omelet</i>	<i>Fruit Danish</i>	<i>Egg, Potato & Cheese Bowl</i>
16	17	18	19	20
<i>Chocolate Chip Muffin</i>	<i>Soft Pretzel w/Cheese</i>	<i>Biscuit & Scrambled Egg</i>	<i>Chicken & Waffle</i>	<i>Cinnamon Glazed French Toast Sticks</i>
23	24	25	26	27
<i>Egg, Cheese & Sausage Burrito</i>	<i>Banana Bread</i>	<i>Fruit & Yogurt Banana Split</i>	<i>Mini Breakfast Cluster</i>	<i>Chef's Choice</i>

30				
<i>Breakfast Wrap</i>				

Breakfast K-12	\$1.50	Milk	\$0.50	4 oz. Juice	\$0.40
Reduced Price Breakfast	\$0.00				
Adult Brkfst. w/o Bev.	\$2.25	Make checks payable to: AADUSD			

Menu subject to change

~~Breakfast includes a variety of cold cereals, fruit or juice & milk in addition to the daily entree~~

Lunch

Vasquez High School



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
2	3	4	5	6
LABOR DAY	Mini Corn Dogs Fries	Build Your own Pizza Zucchini	Grilled Cheese Sandwich Celery & Peanut Butter	Cheese Taquitos Refried Beans
9	10	11	12	13
Chicken Sandwich Fries	Tuesday Totchos (Tater Tot Nachos) Veggies	Stuff Crust Pizza Steamed Broccoli	Baked Potato Bar Green Beans	Grilled Ranch Chicken Baked Beans
16	17	18	19	20
Meatball Sandwich Green Beans	Chicken Teriyaki Bowl Carrots, Cabbage, Broccoli	French Bread Pizza Zucchini	Cheeseburger Sliders Corn-on-the-Cob Bar	Chicken Drumstick Mashed Potatoes
23	24	25	26	27
Chicken Filet Veggies	Taco Tuesday Refried Beans	Cheese Stuffed Breadstick Steamed Broccoli	Grab N Go Munchable Carrots	Chef's Choice
30				
Xtreme Burrito Corn				

Lunch K - 12	\$2.75	Milk	\$0.50	4 oz. Juice	\$0.40
Reduced Price Lunch	\$0.40				
Adult Lunch w/o Bev.	\$3.25	Make checks payable to: AADUSD			

Menu subject to change

~~ Lunch includes a Garden Salad, Fruit, and Milk or Chocolate Milk in addition to the daily entrée~~

~~PURCHASE 20 LUNCHES FOR \$55.00 AND RECEIVE AN ADDITIONAL LUNCH FREE~~