

High Desert Cross Country 2021

For Up to Date information and results: www.hillviewsports.com

Day/Date	Location	Approx. Race Times	
Wednesday, Sep 22	High Desert Runners’ Middle School Invitational @ Pelona Vista Park	3:30 8 th boys & girls 3:55 7 th boys & girls 4:20 6 th boys & girls	ALL - team and individual awards will be provided by the High Desert Runners Club.
Thursday, Oct. 7	Desert Christian Meet @ Marie Kerr Park	3:00 8 th boys & girls 3:25 7 th boys & girls 3:50 6 th boys & girls	ALL
Thursday, Oct. 14	Tropico School Meet @ Rosamond High School, Rosamond	3:30 8 th boys & girls 3:55 7 th boys & girls 4:20 6 th boys & girls	ALL
Thursday, Oct. 28	<u>Tri District League Championships</u> And <u>Small Schools Championship</u> At Pelona Vista Park	2:45 “Non League Schools” Boys 3:05 “Non League Schools” Girls 3:30 8 th boys 3:50 8 th girls 4:10 7 th boys 4:30 7 th girls 4:50 6 th boys 5:10 6 th girls Times are approximate	(“Small” schools include those NOT in the Tri District League)
Meet Day Info:	Arrive 1 hour before the 1 st race. <hr/> Transportation Waivers are required to be on file in the front office if carpools are arranged.	Hydrate! 24-48 hours before a race drink a mix of water and electrolytes.	H.D. will issue the racing singlet and shorts. <hr/> H.D. Cross Country T-shirts are available for purchase for \$10.00

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GO HAWKS!